NOVA SCOTIA griefalliance SYMPOSIUM

MOBILIZING GRIEF - BUILDING NETWORKS OF CARE

When Dementia-Related Caregiving Ends: A Grief Support Program

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Elizabeth Fitzgerald is a Dementia Support Navigator and First Link Outreach professional with the Alzheimer Society of Nova Scotia. Before joining the organization four years ago, she spent more than 20 years working in counselling, primarily supporting people impacted by trauma and addictions.

At the Alzheimer Society, Elizabeth provides support, information, and education to people living with dementia and their care partners. She offers these services individually, through the Dementia Helpline, and in groups, including caregiver support groups and the Grief Support Program.

She also conducts outreach across Halifax Regional Municipality, building partnerships with health care professionals to support timely referrals to the Alzheimer Society for those impacted by dementia.

Elizabeth brings a deep passion for supporting people through life’s most challenging seasons.