

nova scotia grief alliance

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Susan specializes in suicide, trauma, insomnia, anxiety, depression, and eating disorders. She is certified in Cognitive Behavioural Therapy (CBT) by the Canadian Association of Cognitive and Behavioural Therapies (CACBT), in Family-Based Treatment (FBT) for Eating Disorders by the Training Institute for Child and Adolescent Eating Disorders, and holds Provider Status in Cognitive Processing Therapy (CPT).



<https://www.nsgriefalliance.com/events>

