

# Nova Scotia Grief Alliance

## Symposium Abstract Guidelines



## Overview

Nova Scotia Grief Alliance Symposium		
Theme	Date	Location
Mobilizing Grief: Building Networks of Care	November 20 <sup>th</sup> 2026	Best Western Plus Dartmouth

## Call for Abstract Proposals- May 25 to July 6, 2026

The Nova Scotia Grief Alliance welcomes abstract submissions that align with the symposium theme ***Mobilizing Grief: Building Networks of Care***

- Oral presentations
- Workshops and skill-building sessions
- Creative or experiential sessions (e.g., art, music, storytelling)

Presenters are encouraged to identify the symposium stream and abstract category that best aligns with their abstract. Streams and categories are listed below for reference.

Across all streams and themes, abstract authors are encouraged to demonstrate how their submission reflects practical grief projects or programs. Abstracts that incorporate lived experience, describe approaches that are equity-centred, and/or include cultural perspectives on grief are welcome.

## Who Can Submit an Abstract?

Abstracts may be submitted by anyone who works in grief services or supports people experiencing grief as part of their work. This includes, but is not limited to, volunteers, community-based organizations, non-profit organizations, and health professionals.

## Symposium Streams

- Community-based: For example, grassroots grief programs and projects based on community needs, examples of grief support in rural areas, peer support, etc.
- Health system: For example, public health approaches to grief, clinical applications of grief support, etc.

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### Abstract Submission Categories

- **Collaboration and Co-Design**  
Highlighting projects that are shaped and delivered collaboratively by community members, groups, and partners working together
- **Innovative Grief Programming**  
Creative and forward-thinking approaches to supporting those experiencing grief.
- **Mourning Through Ritual, Memorial, and Ceremony**  
Exploring practices and supports that help individuals navigate the grieving process.
- **Cultural Perspectives and Practices**  
Grief support approaches that reflect diverse cultural traditions and lived experiences.
- **Research**  
Recent and emerging research related to grief and bereavement.



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The Grief Alliance Symposium brings together individuals and organizations working in the grief space to learn, share, and strengthen connections in grief support.

Centered on the theme ***Mobilizing Grief – Building Networks of Care***, the symposium recognizes and celebrates the collective efforts of community-based and system-level organizations working to build compassionate, coordinated networks of care.

The symposium invites participants to consider how grief can move people to action. Through learning, sharing, and collaboration, participants explore ways to better support Nova Scotians in their experiences of grief. By strengthening grief literacy collectively, those who work in grief deepen societal understandings of grief, cultivate meaningful connections, build community support, and promote diverse cultural grief practices.

Through collaborative networks, grief does not remain hidden or isolated. Mobilizing shared human experiences of grief encourages connection, healing, and more open, normalized conversations about grief.

By attending the symposium, participants will learn how others have designed grief support programs in creative and impactful ways, build connections and relationships, share knowledge, and hear new insights about grief work in Nova Scotia.