NOVA SCOTIA griefalliance SYMPOSIUM

MOBILIZING GRIEF - BUILDING NETWORKS OF CARE

Creating Compassionate Spaces After Suicide Loss:
A Trauma-Informed Workshop for Community Capacity Building

Seana Jewer

Community Engagement Lead, Roots of Hope
Nova Scotia Health Mental Health and Addictions

Seana Jewer is the Community Engagement Lead for Roots of Hope with Nova Scotia Health Mental Health and Addictions — a national initiative of the Mental Health Commission of Canada that helps communities build their capacity to support people who are thinking about or grieving from suicide.

Seana's journey into suicide prevention began in 2019 with the Canadian Mental Health Association's Communities Address Suicide Together program, and she's since become recognized by the Public Health Agency of Canada as an emerging expert in the field. She's also a published researcher whose work explores how caregivers and communities can be supported through compassionate, practical, and even tech-driven approaches to suicide prevention.

With more than 20 years in the community sector, Seana brings both heart and experience to her work. She's passionate about rethinking how we talk about suicide — moving away from stigma and toward understanding, connection, and community care.

Raised in Bible Hill and now a mom of two neurodiverse teens, Seana balances her professional life with a love of mid-century design, vintage glass, houseplants, and a good TV series — currently Severance.